



Date: 05-06-2024

CIRCULAR

All the teachers are hereby informed that Department of OBGY is going to organize a "EXPERT LECTURE ON MENSTRUAL HYIGENE" for 3rd BHMS students. The details of Expert lecture are as follows.

Date: 06-06-2024 (Thursday)
Time: 11.00 AM to 12.00 PM
Venue: Dr. Jayesh Patel Memorial Seminar Hall
3RD Floor, Parul Institute of Homoeopathy & Research

Dr. B. P. Panda
Principal
Parul Institute of Homoeopathy & Research

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HOD

Department of OBGY

Principal
Parul Institute of
Homoeopathy & Research
Iswardpura, Limda, Vadodra

HOD
DEPT. OF OBSTETRIC
AND GYNACOLOGGY
P:HR



- 1) Dr. Isha Thakur
2) Dr. Bhakti Patil
3) Dr. vinit Taly
4) Dr. nanku Taly
5) Dr. Brijal Patel
6) Dr. Nayanra Patel
7) Dr. Pooja A. Jha

8) Dr. Jayshree Bhatra Bhatra.

9) Dr. Kirti Kaig K.P. Gaik.

10) Dr. Pralibha Kane Kane

11) Dr. Sujestlal - Sial

12) Dr. Smita Naik Naik

13) Dr. Ranjita R.

14) Dr. Pranali Mistry Mistry

15) Dr. Dipika

16) Dr. Babina

B



**PARUL INSTITUTE OF HOMOEOPATHY  
AND RESEARCH**

**Date: 05-06-2024**

**“EXPERT LECTURE ON MENSTRUAL HYIGENE”**. Organized by: Department of Gynaecology and obstetrics

Participating students: 3<sup>rd</sup> yr. BHMS

Date of event: 13-10-2023

Time: 11.00 AM to 12.00 PM Venue: Dr. Jayesh Patel Seminar Hall, 3<sup>rd</sup> floor, PIHR.

**Agenda**

No.	Particulars	Duration
1.	Gathering at venue and welcoming of guests by anchors	11 am
2.	Lamp lighting and prayer	11.05 am
3.	Introduction and information about event by Dr.Kosmika Makwana	11.10 am
4.	Speech on occasion by principal Dr. B. P. Panda	11.15
6.	Felicitation of judges and Guest	11.20 am
7.	Guest Speech –Dr. Amita Shah	11.25 to 11.50 am
13.	Vote of Thanks by Dr. Priyanka Kharve	11.50 am to 11.55 pm
14.	National Anthem	12.00 pm

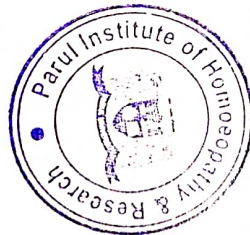
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*Jhaosw*

**HOD**  
**OBGY DEPARTMENT**  
**HOD**  
**DEPT. OF OBSTETRICS**  
**AND GYNAECOLOGY**  
**PIHR**

*[Signature]*

**PRINCIPAL, PIHR**

**Principal**  
**Parul Institute of**  
**Homoeopathy & Research**  
Iswardpura, Limda, Vadodra, Gujarat





## Activity Report

INSTITUTE	Parul institute of homoeopathy & Research		
DEPARTMENT	GYNAECOLOGY AND OBSTETRIC DEPARTMENT, WDC		
ACTIVITY TYPE	Expert talk on Menstrual hygiene		
DATE	06-06-2024	Duration	1 day
SEMESTER/YEAR		No. of Participants	100
EXPERT NAME WITH DESIGNATION	Dr. Amita Shah (MBBS,MD)		
VENUE	Dr. J.K Patel Seminar Hall, Room no.406		
FACULTY COORDINATOR	Dr. Priyanka kharve, Dr. Kosmika Makwana.		
FACULTY CONTACT DETAILS	8657647222,9904204848		
SPONSORING AUTHORITY	PU		

### Details about the activity:

On occasion of MENSTRUAL HYGIENE DAY celebration on theme INSPIRE inclusion women development cell and Department of OBGY of Parul university and PIHR was conducted Expert Talk on menstrual hygiene at PIHR on 06/06/2024. All the students and faculties gathered at 11 am. Expert Talk was given by Dr. Amita Shah madam, Welcome speech was given by WDC coordinator Dr. Kosmika Makwana. Speech of occasion was given by principal of PIHR, Dr. B P panda and vote of thanks was given by Dr. Priyanka Kharve, session was end with national Anthem.

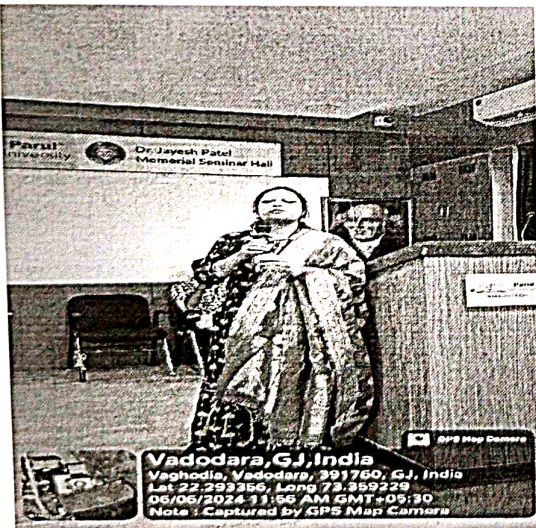
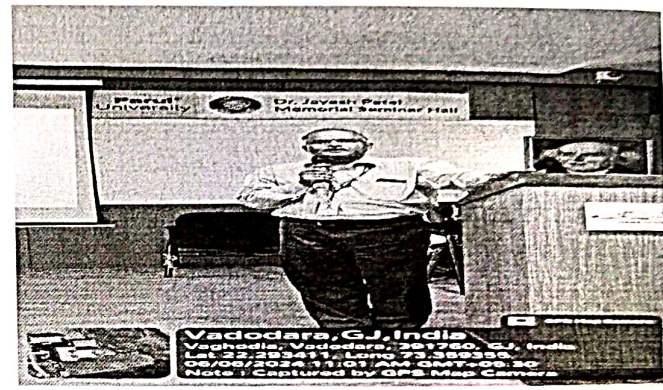
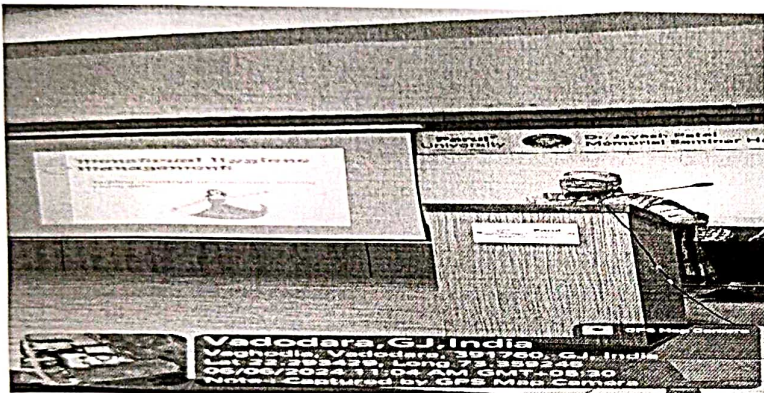
### Outcome/Feedback:

Expert Lecture was very informative and aware about Menstrual Hygiene, Dr. Amita Shah madam had nicely explained about the Menstrual Cycle, Changes Occur during Puberty, and what do or what not do during this phase, This kind of Expert Lecture is must to aware female faculties about the taboo and reality, their difference and give Scientific Approach towards the maintaining menstrual hygiene and about what precaution should be taken during menses, Over all good response from female faculties & student of 3<sup>rd</sup> BHMS student of PIHR, Parul University.

### Objective achieved were:

1. Natural Phenomenon Of Menstrual Cycle
2. Menstrual Hygiene and Their Importance

### Geo-tagged Photos with Caption:

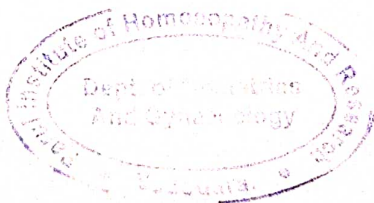


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Sign of co-ordinator

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HOD  
DEPT. OF OBSTETRIC  
AND GYNAECOLOGY  
PIHR



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Signature of Principal  
Principal  
Parul Institute of  
Homoeopathy & Research  
Isarpura, Limda, Vadodara



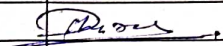
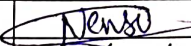
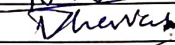
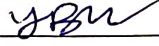
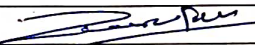
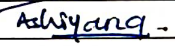
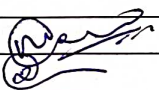



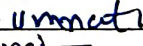
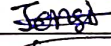
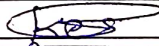


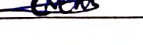

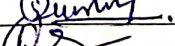

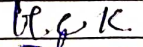
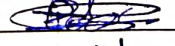
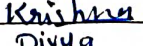
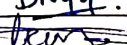
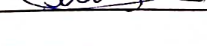
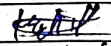

EXPERT LECTURE ON MENSTRUAL HYIGENE  
6 JUNE 2024

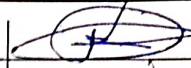
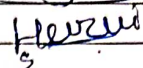

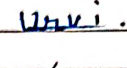

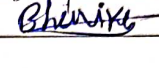
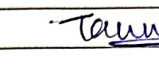
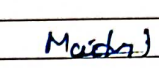
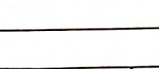
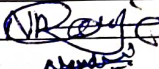
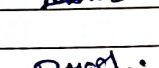
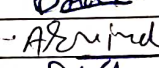
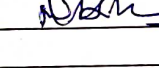
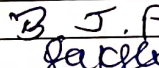
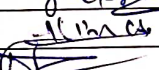
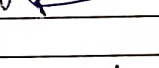
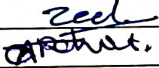
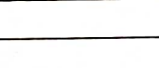
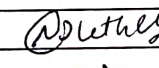
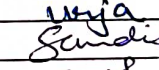
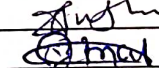
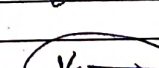
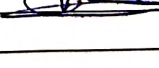
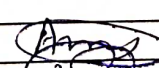
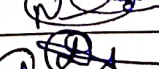
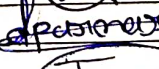

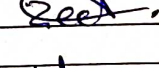

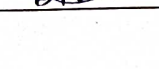

3<sup>RD</sup> BHMS (2023-2024 Batch)

VENUE : ROOM NO.406 J.K PATEL SEMINAR HALL

TIME: 11 AM TO 12 PM

SPEAKER : DR.AMITA SHAH MAM

SR.NO	ENROLLMENT NO.	NAME OF STUDENTS	SIGNATURE
1	210440101001	CHAUDHARY DHARA HEERALAL	
2	210440101002	DESAI MANISHKUMAR VITTHALBHAI	
3	210440101003	DESAI NENSIBEN BHALABHAI	
4	210440101004	DHAVAL MACHHI	
5	210440101005	KATARIYA YAGNIK BHUPATBHAI	
6	210440101006	KHODIFAD RAHULBHAI HIMMATBHAI	
7	210440101007	MISHRA AMANKUMAR	
8	210440101008	PATEL ASHIYANA ABDULLAH	
9	210440101009	PATEL CHINTAN MUKESH	
10	210440101010	PATEL HEMANGINIBEN VITTHALBHAI	
11	210440101011	PATEL SHREYA MELETBHAI	
12	210440101012	RATHOD MANAV CHANDRAKANT	
13	210440101013	RATHOD RITESHKUMAR SURESHBHAI	
14	210440101014	SUTHAR HETALBEN DHARMENDRABHAI	
15	210440101015	VYAS KARMKUMAR CHANDRASHEKHAR	
16	210440101016	AHIR JIGAR MANUBHAI	
17	210440101017	BALDANIYA NIKUL PARSHOTAMBHAI	
18	210440101018	BALDANIYA PIYUSH BHURABHAI	
19	210440101020	BAROT UNNATIBEN NARESHKUMAR	
20	210440101021	BHUVA JENSI CHIMANBHAI	
21	210440101022	CHAUDHARI KEVALKUMAR KIRITBHAI	
22	210440101023	CHAUDHARI MEGHALKUMAR GIRISHBHAI	
23	210440101024	CHAUDHARI NIDHIKUMARI RAKESHBHAI	
24	210440101025	CHUDASAMA NEHALBEN BHARATBHAI	
25	210440101026	DASHADIYA JAYKUMAR RAJESHBHAI	
26	210440101027	DEGADA MEHULKUMAR MADHUBHAI	
27	210440101028	DERVALIYA RAHULBHAI HEMUBHA	
28	210440101029	DHEDHI RAKESHBHAI BHUPATBHAI	
29	210440101030	GURAV PAVANKUMAR KAMLESHBHAI	
30	210440101031	HADIYAL CHETAN KANTIBHAI	
31	210440101032	JADEJA PARTHRAJSINH ASHOKSINH	
32	210440101033	JAIN KRISHNA NARESHKUMAR	
33	210440101034	JARIWALA DIVYA BIPINKUMAR	
34	210440101035	KALSARIYA TARUN RAMESHBHAI	
35	210440101036	KAMADIYA RAJIT JAYESHBHAI	
36	210440101037	KANJARIYA HARDIK KISHORBHAI	
37	210440101038	KANZARIYA DARSHAN DINESHBHAI	

38	210440101039	KHACHCHAR DHRUMILKUMAR	
39	210440101040	KHANT HARVISHABEN DINESHBHAI	
40	210440101041	KHOJJI SAHIL MAHESHBHAI	
41	210440101042	LIMBACHIYA URVIBEN DIPAKBHAI	
42	210440101043	LORIA DANIS JAVED	
43	210440101044	MADHVASWALA HUSSAIN MUSTANSIR	
44	210440101045	MAHESHWARI BHAVIKA DASHRATHBHAI	
45	210440101046	MAKWANA VAIBHAVI BHARATBHAI	
46	210440101047	MANDORA TANNUBA GAJENDRASINH	
47	210440101048	MANSURI UJMABANU SAKIRHUSSEIN	
48	210440101049	MEVADA MAITRIBEN NARENDRAKUMAR	
49	210440101050	MISTER SAKINA HUSAIN	
50	210440101051	MORI MOHINIBEN VALCHANDBHAI	
51	210440101052	MUNIYA NANDANIBEN RAJENDRABHAI	
52	210440101053	NANDNI HANSORA	
53	210440101054	OTRADI ADITYA BHAVESHBHAI	
54	210440101055	PANCHAL DARASH HARNISHBHAI	
55	210440101056	PARMAR ARAVINDKUMAR RAMSHUBHAI	
56	210440101057	PARMAR MAHESHBHAI DEVSHIBHAI	
57	210440101058	PARMAR MAULIKA VIJAYSINH	
58	210440101059	PATEL BHAGYESH JITENDRABHAI	
59	210440101060	PESHA SAKSHI NARENDRAKUMAR	
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61	210440101063	RATHOD JIGARBHAI MANSINGBHAI	
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66	210440101068	SOLANKI NIKHIL PRAVINBHAI	
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68	210440101070	VADILE URJABEN RAJENDRABHAI	
69	210440101071	VAGH SANDIP DEVDASBHAI	
70	210440101072	VALAND ANSHUKUMAR HARIKRUSHNA	
71	210440101073	VASAVA BINALBEN PRAKASHBHAI	
72	210440101074	VIROJA YASHVI PARAGBHAI	
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74	210440101076	KUSHWAHA ANKITA RAMESHBHAI	
75	210440101077	KUSHWAHA KUMARI SONI RAMESHBHAI	
76	210440101078	NAYAK AMAN PIKENDRASINH	
77	210440101079	PAL NANDINI PANKAJBHAI	
78	210440101080	PARMAR DELVINKUMAR GUNVANTBHAI	
79	210440101081	PARMAR DIPA PRAFULBHAI	
80	210440101082	PATEL JAY ASHVINBHAI	
81	210440101083	PATEL KISHANKUMAR HASMUKHBHAI	
82	210440101084	PATEL ZEEL YATINKUMAR	
83	210440101085	SOLANKI PRABHUTA KAILASHKUMAR	
84	210440101086	ADHIA PARTH MANOJBHAI	
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86	210440101088	GUDALA RAIYANBHAI M RAFIK	<i>[Signature]</i>
87	210440101089	GUDRASIYA ABHISHEK GUNAVANTBHAI	<i>[Signature]</i>
88	210440101090	KADAM PRANITA VISHWANATH	<i>[Signature]</i>
89	210440101091	KURMI NEHA SHAMBHUNATH	<i>[Signature]</i>
90	210440101092	ODE DHRUVIL BIPINBHAI	<i>[Signature]</i>
91	210440101093	PARMAR ADITYASINH JAYESHBHAI	<i>[Signature]</i>
92	210440101094	PATEL DRASHTIBEN JAYANTILAL	<i>[Signature]</i>
93	210440101095	PATEL HETVI KARTIKKUMAR	<i>[Signature]</i>
94	210440101096	PATEL PRERANA HITESHBHAI	<i>[Signature]</i>
95	210440101097	PATEL VANSHIKA HARSHADKUMAR	<i>[Signature]</i>
96	210440101098	RAJ YASHASVI KANTIBHAI	<i>[Signature]</i>
97	210440101099	SHAH HETVI CHIRAGKUMAR	<i>[Signature]</i>
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# WOMEN DEVELOPMENT CELL AND DEPARTMENT OF OBGY

PARUL INSTITUTE OF HOMOEOPATHY AND RESEARCH



**Convener :**

**Dr.Ruchi Srivastava**

**Faculty Coordinator:**

**Dr.Kosmika Makwana**

**Dr. Priyanka Kharve**

## EXPERT TALK ON MENSTRUAL HYGIENE

**By:**

**Dr. Amita U.Shah  
(MBBS, MD( Obs& Gynaec))**

**THURSDAY, 6 JUNE**

**11 AM TO 12PM**



**J.K.PATEL**

**SEMINAR HALL**